Surabhi Sundaresan

Education

Goldsmiths, University of London, London UK   Sep '15 – Dec '17
  MA in Counselling

Tata Institute of Social Sciences, Tuljapur, India   Jun '14 – Apr '15
Post Graduate Diploma in Water, Sanitation and Hygiene (WASH)

M.O.P Vaishanv College for Women, Chennai, India   Jun '11 – Apr '14
  BA in Sociology

International School of Choueifat Al Ain, UAE   Jun '11
  High School Diploma

Experience

**German International Academy   Feb '20 – Present
School**

- School Counsellor, Chennai

wEmpower-W   Jan '20 – Present

- Consulting Psychologist,
  Chennai

Good Shepherd International School   Jul '19 – Jan' 20

- High School Counsellor, Ooty

 Artifex Technologies Private Limited   Sep '18 – June '19
- HR Consultant, Chennai, India

Hackney Recovery Service   Feb '17 – Feb '18

- Counsellor, London, UK

Ealing Youth Counselling Service   Oct '16 – Feb '18

- SAFE Counsellor, London, UK

Asian Family Counselling Service
- Administrative Duties, London, UK   Feb '16 – Feb '18

Phoenix Counselling Service
- Counsellor, London, UK   Jun '17 – Dec '17

NRYF (National Rural Youth Festival) –Cultural Coordinator   Jan '15

- Coordinated the cultural event during the National Youth Festival, Tuljapur, India

Corporation School - Educational Intern, Chennai India

                                                                       May '14 – Jun '1

- Took part in an educational enrichment camp
- Taught children basic communicative English
- Held environmental awareness classes

Dr. Sneha Hindocha - Training Session, Chennai India   Apr '14

- Observed how counselling sessions were carried out with disabled children

Egmore Children's Hospital - Volunteer Counsellor, Chennai India   Jun '12 – Sep '12

- Held regular counselling sessions for mothers about responsible child rearing practices through visual media and interactive sessions.

- Managed morbidity and mortality data sheets in the PICU.

AID India – Intern, Chennai India   Mar '11 – May '11

- Took inventory of all the problems faced by the children from disadvantaged backgrounds who were using AID India libraries and schools.
- Submitted a report detailing the resources provided and the requirements needed
- Distributed toys for under-privileged children in India in the State of Bihar in India. The toys were collected from UAE.

Projects

A Descriptive Assessment of the Availability and Use of Latrines in Tamil Nadu, India   Feb '15 – Apr '15

A comparative study on the socio-psychological reasons for the rural community members to construct and use available toilet facilities. It aimed to establish the number of households with and without toilets in 2 districts of Maharashtra in India.

Physicians Burnout – A Sociological Study, Chennai India   Nov '14 – Mar '14

A descriptive study which determined the burnout among physicians of varied specializations, by taking several attributes such as; work-life balance, depersonalization, job satisfaction, etc.

Resource Directory, Chennai India   Nov '13 – Mar '13

A database of all the NGOs in and around Chennai, who focus on providing education and skill training for the underprivileged, was developed and later published by Vaishnav College.

Publications

Spotlight Journal   Nov '12 – Mar '13

- Concept of Homosexuality in India
- Rejection and its Psychological Consequences
- The Role and Religion in Increasing Interreligious Synchronisation

Certifications

Mental Health Workshop, London UK   Aug '16
*Attended workshop on mental health detailing on how the Asian and African community view
mental health and the various approaches on how to challenge its stigma.*

Introduction to Statistics for the Social Sciences   Aug '15
Awarded by University of Zurich (online course on Coursera)

Emotions: A Philosophical Introduction   Jul '15
Awarded by Universitat Autònoma de Barcelona (online course on Coursera)

The Vivekananda Award for Exceptional Social Service   Dec '13
Awarded by The Contingent Charitable Trust, Chennai India

The Language of Hollywood: Storytelling, Sound and Color   Mar '13
Awarded by Wesleyan University (online course on Coursera)

Skills

Languages: **English** (native), **Tamil** (conversational fluency), **Hindi** (conversational fluency)

Technical: **Microsoft Office** (proficient), **SPSS** (proficient)